Liceo José Victorino Lastarria

Rancagua

“*Formando Técnicos para el mañana*

Unidad Técnico-Pedagógica

English worksheet: A new diet.

4th grade - Gastronomy

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: 4th: \_\_\_\_\_\_

Clase 6, del 4 al 8 de Mayo.

OA2 Leer y deducir la o las ideas principales, integrando información relevante de distintas partes del texto, en textos simples relacionados con los temas del nivel.

Objetivo: Instrucciones: Desarrollar los ejercicios y reenviar a su correspondiente profesor de asignatura.

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A *luau* is a traditional festive meal in Hawaii. People come to the *luau* to eat, sing and dance. The main part of this outdoor meal is often a *kalua* pig. Hawaiians cook the pig in an underground oven. They also eat *poi*, a purple paste. *Poi* is an important food for Hawaiians. They eat it at almost every meal. For dessert, there is *haupia*- a coconut pudding.



HAWAI



People in Alaska eat many things from the sea-fish, seafood, seal and whale. Alaska is famous for salmon and king crab.

In the summer, Alaskans eat moose and bear. The traditional dessert is Alaska is a special ice cream called *akutaq*. They make it with animal fat, snow and wild berries- there isn't any sugar in it!

ALASKA



SOUTH AFRICA

On a nice day in South Africa, family and friends meet for the traditional outdoor meal, the *braai*. At the *braai*, men cook steak and other types of meat on a fire. There is also a tasty sausage called *boerrwors* and a thick porridge called *mielie* *pap*. South Africans eat *mielie pap* with their hands.



In Ireland, people eat potatoes with most meals. For a traditional breakfast, Irish people eat potatoes, eggs, bacon, sausage and bread.

For lunch, they often have “bangers and mash” (sausages and potatoes). A popular dinner is Irish stew. Traditional Irish stew has got meat, potatoes, carrots, onions and herbs in it.

IRELAND

**Answer the following questions:**

1. Where do people eat:

a traditional meal outdoors?

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a special dessert?

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potatoes with most meals?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

a purple food?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What do Hawaiians have for dessert?

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1. What is the most famous food in Alaska?

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1. What do men cook at the *braai*?

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1. Produce your own text, to describe a traditional Chilean dish. Use the texts from the reading as an example. (60 words)

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